

## Speciality Organic Growers

*Hi and welcome to The Lizard Leaf Company.*

*We are an independent organic market garden based at Gear Farm, St Martin on the Lizard Peninsula in West Cornwall. We produce a wide range of herbs, salad leaves and vegetables for local health food stores, farm shops, gastropubs, hotels, restaurants, box schemes and holiday accommodation.*

*All our produce is grown without the use of insecticides, fungicides and chemical fertilizer and our entire process of production is accredited by the Biodynamic Agricultural Association of Great Britain. We harvest and deliver on the same day so our produce is always really fresh and because we grow and sell direct we are able to offer with pride a friendly, personalised and accurate service to all our customers right throughout the year.*



## The Lizard Leaf Company

*The great flavour of our produce comes from growing varieties which taste the best rather than perform well in terms of uniformity, yield or shelf life and we grow them in a well maintained healthy soil enriched with lots of natural fertility, liquid seaweed extracts and mineral rich comfrey juice.*

### Salad Leaves



85g Retail Salad Bag

Gear Farm  
St Martin  
Helston

Tel: 01326 566174

Email: [lizardleaves@yahoo.co.uk](mailto:lizardleaves@yahoo.co.uk)

<http://www.lizardleaves.com>

Mob: 07790 133735



*Quality and Freshness*

*Low Food Miles*

*100% Organic*

*Direct from the Grower*

*We can supply custom mixes or classic French and Italian salads and are also happy to grow specific varieties on request.*

## Availability

*We deliver on Tuesday and Friday in the West Cornwall area. Deadline for ordering is 17:00 on the previous day.*

*If you are in East Cornwall and beyond it is still possible to get our produce through plough to plate. Please contact them directly for further info at*



<http://www.ploughtoplate.co.uk/>

## Harvest Notification Service

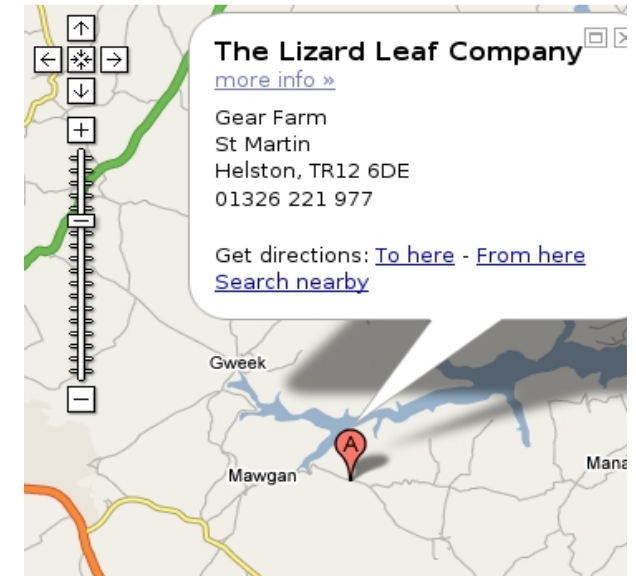
Your e-mail

Add

Archived Notifications

*Add your e-mail to the Harvest Notification Service on our website to receive the latest news on what we have ready*

<http://www.lizardleaves.com>



Nursery

